

FIRST FLIGHT: **NEW STUDENT ORIENTATION**



FALL 2026 HANDBOOK

AUGUST 10 - 14 (UNDERGRAD)
AUGUST 14 (GRAD)

Welcome to San Francisco Bay University,
where innovation, fearlessness, and
community thrive. As you begin your new
journey, we invite you to bring your full self -
your unique ideas, interests, and goals.

Please use this handbook as a guide to
prepare for your arrival. If you have any
additional questions, don't hesitate to reach
out to NSO Staff members.

Our #1 priority is students' well-being,
success, and flourishing. We can't wait to
see you grow during your time at SFBU.

Welcome to the Bayhawk Family!

TABLE OF CONTENTS

Purpose of New Student Orientation	1
Welcome to the Bay Area: Airport & Transportation Guide	2-4
I have arrived... now what?	6
Your Everything Guide to Hotels & Inns	7
Your Everything Guide to Coffee & Restaurants	
Nearby Coffee & Restaurants	8-9
Grocery Stores & Pharmacies	10
Your Everything Guide to School Supplies & Equipment	
What's provided?	11
List of Essentials	11
Department Stores	12
Banks & ATMs	13
Discounts	14-15
Shipping & Receiving Services	16
Programs & Resources	17-19
Frequently Asked Q&As	20-26
Schedule your appointment in advance	27
Contact Us	28
Social Media & Community Groups	29-30

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PURPOSE OF FIRST FLIGHT: **NEW STUDENT ORIENTATION**

Attending New Student Orientation is your first step toward making the most of your university experience. It's designed to help you feel confident and prepared as you begin this exciting chapter.

Orientation will introduce you to the support systems available to you, from academic advising to student clubs and organizations, ensuring you start off on the right foot. It's your opportunity to ask questions, explore, and find your place in the Bayhawk community. Not only that, you also get the chance to:

- Meet our dedicated staff and faculty team
- Meet fellow students and start forming life-long bonds
- Familiarize yourself with the SFBU campus
- Jumpstart your new journey as a Bayhawk!

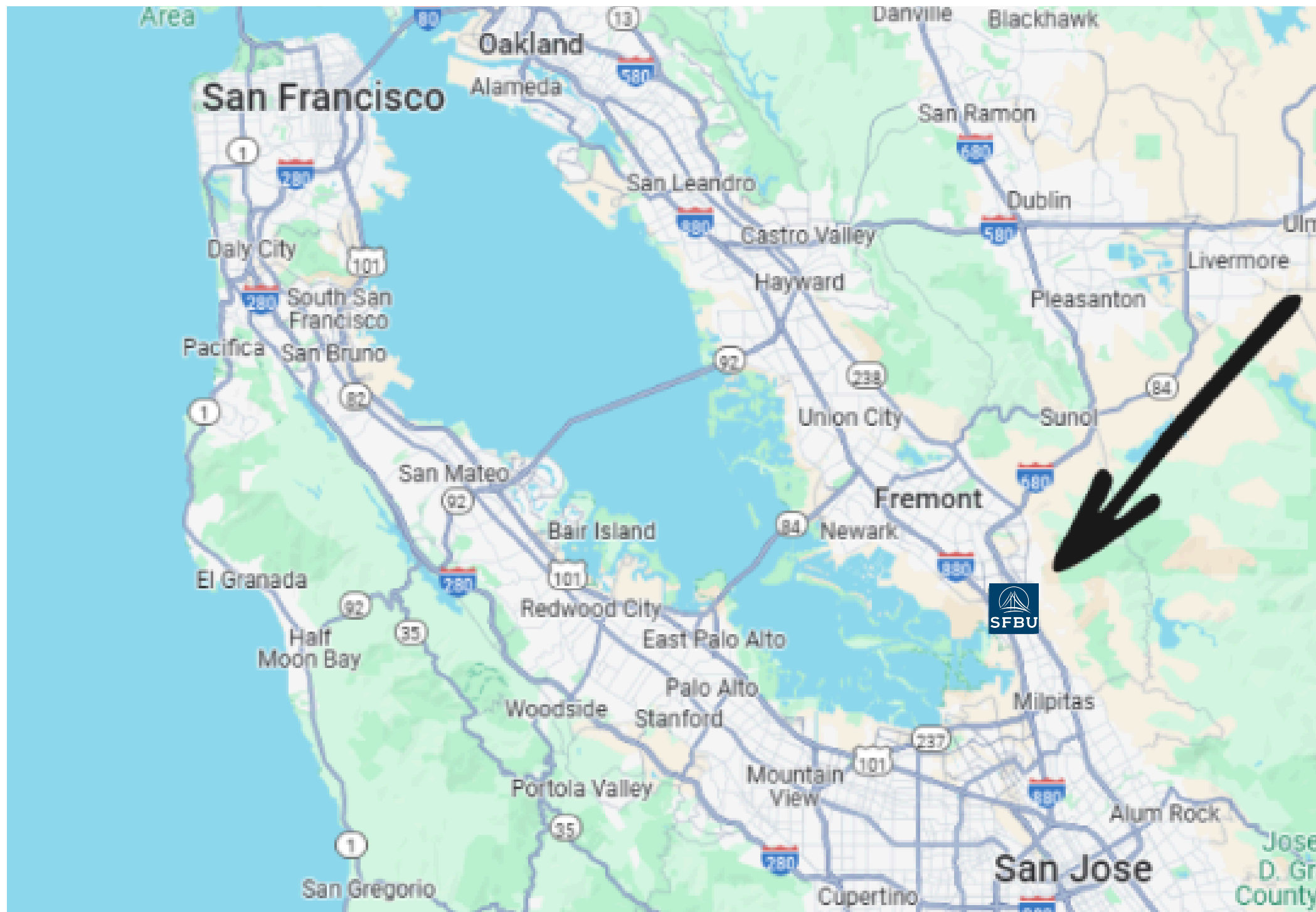
We are here to ensure you have the resources you need to succeed. If you have any questions regarding [SFBU programs](#), [admissions](#), or more, email your Enrollment Counselor or admissions@sfbu.edu. If you have questions regarding New Student Orientation, email orientation@sfbu.edu.

We look forward to welcoming you in August 2026!

WELCOME TO THE BAY AREA

San Francisco Bay University welcomes students from all around the world, and we want to ensure that you get to campus safely. Use the following information as a guide to when developing your travel plans.

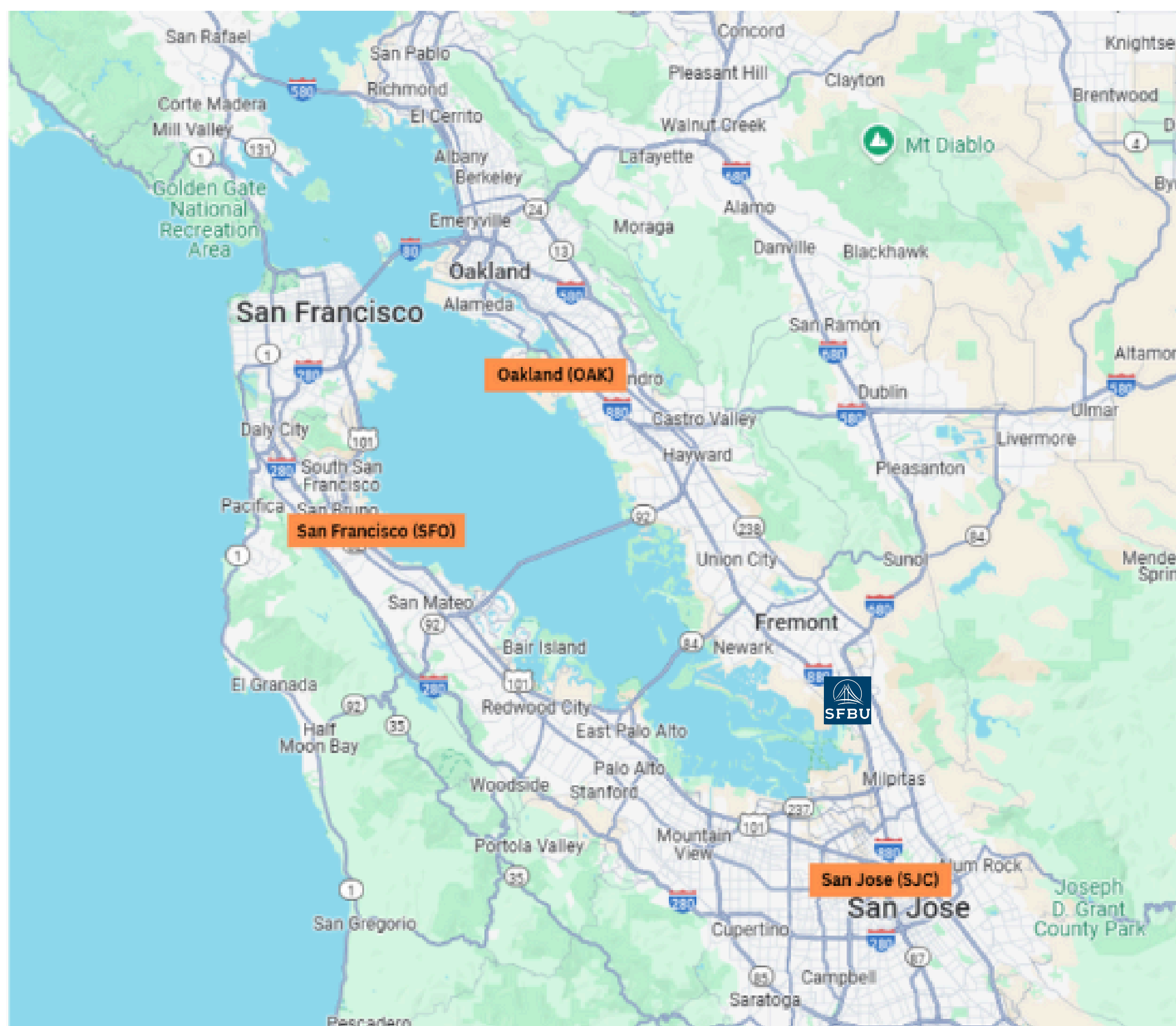
SFBU Address: **161 Mission Falls Ln, Fremont, CA 94539**



If you are flying in, please note that we have **three airports** that serve **domestic and international** flights:

- #1 [San Jose Mineta INTL \(SJC\)](#): 10.2 miles
#2 [San Francisco Bay Oakland INTL \(OAK\)](#): 24.3 miles
#3 [San Francisco INTL \(SFO\)](#): 34.2 miles

We recommend SJC due to its proximity, but OAK and SFO may offer more affordable flights. All three airports can get you to campus with public transportation. **When you land, please text your Enrollment Counselor to tell them you're on the way to campus.** This way, we will expect you and can be ready to welcome you when you get here.



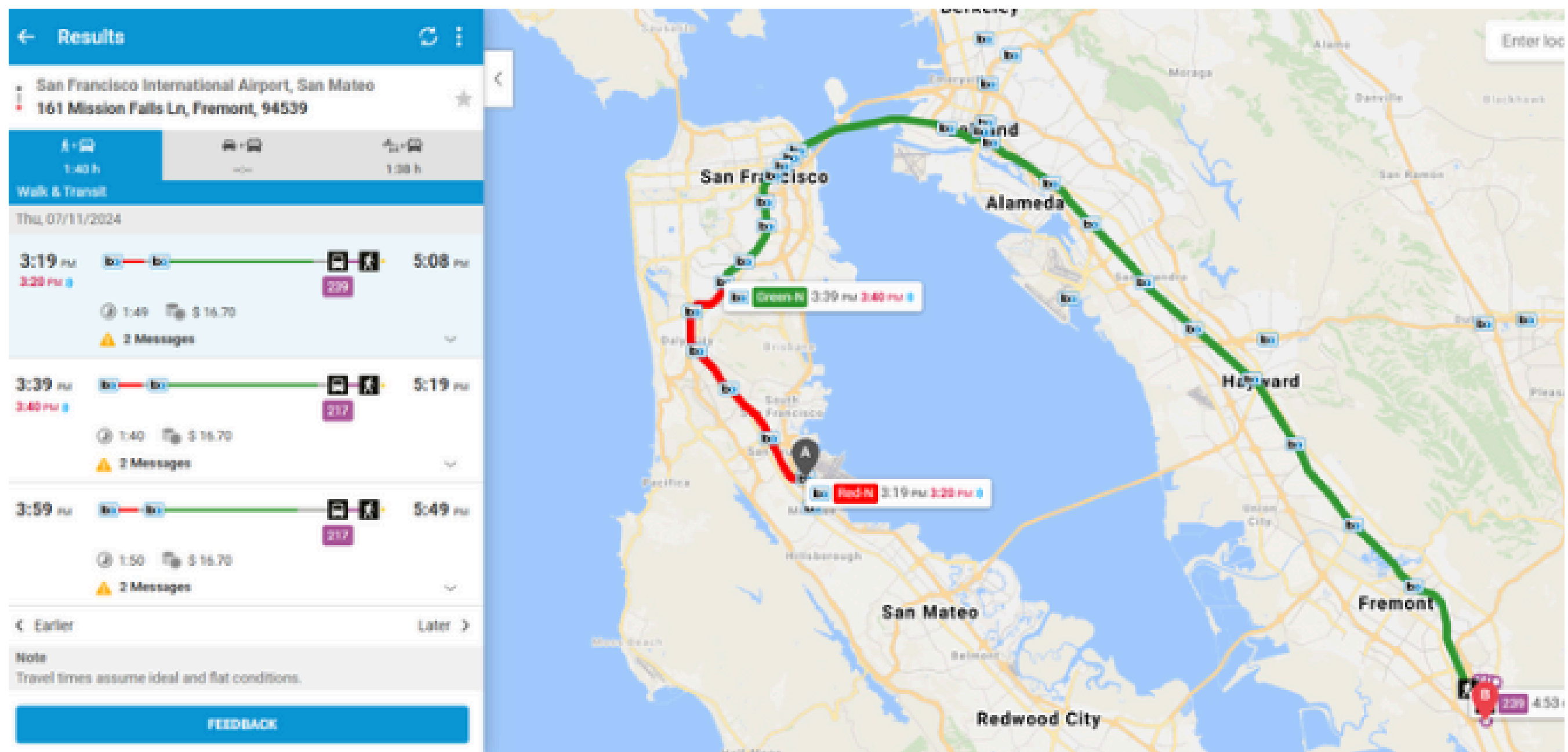
We *highly* recommend arriving on campus via Rideshare services such as Uber or Lyft.

If you fly into SFO or OAK, the most affordable way to get to campus will be through taking the [Bay Area Rapid Transit \(BART\)](#). If you fly into SJC, taking an Uber or Lift directly to campus is most convenient.

Below, we have also included BART options:

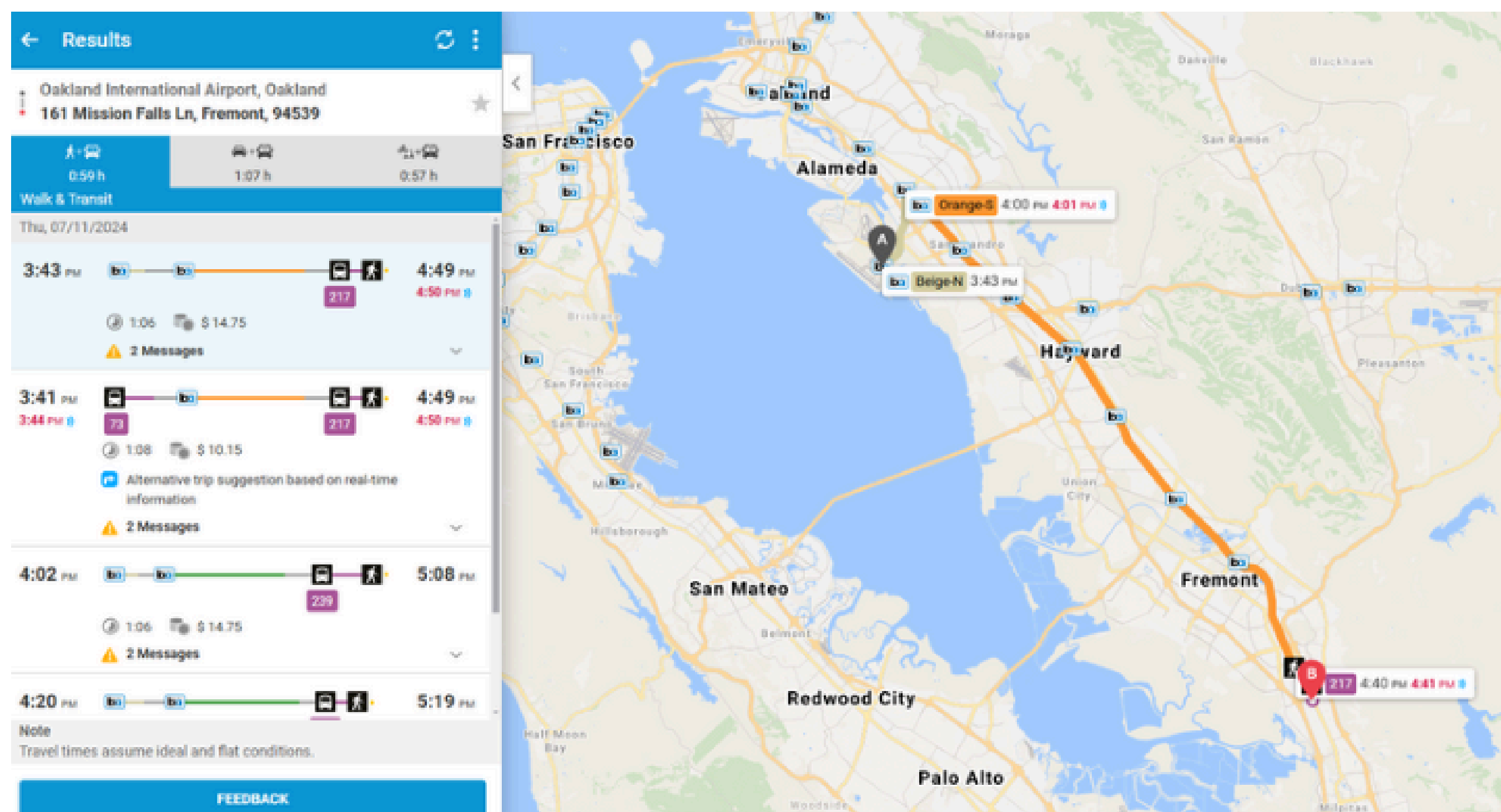
For students flying into SFO, the travel time from BART to the closest stop to campus is long. You will need to take an Uber or a public bus south to campus from your final stop, Warm Springs Bart, Fremont.

- **Time:** 1.5+ Hours
- **Cost:** \$18-\$30+, depending on if you finish your trip by bus or Uber



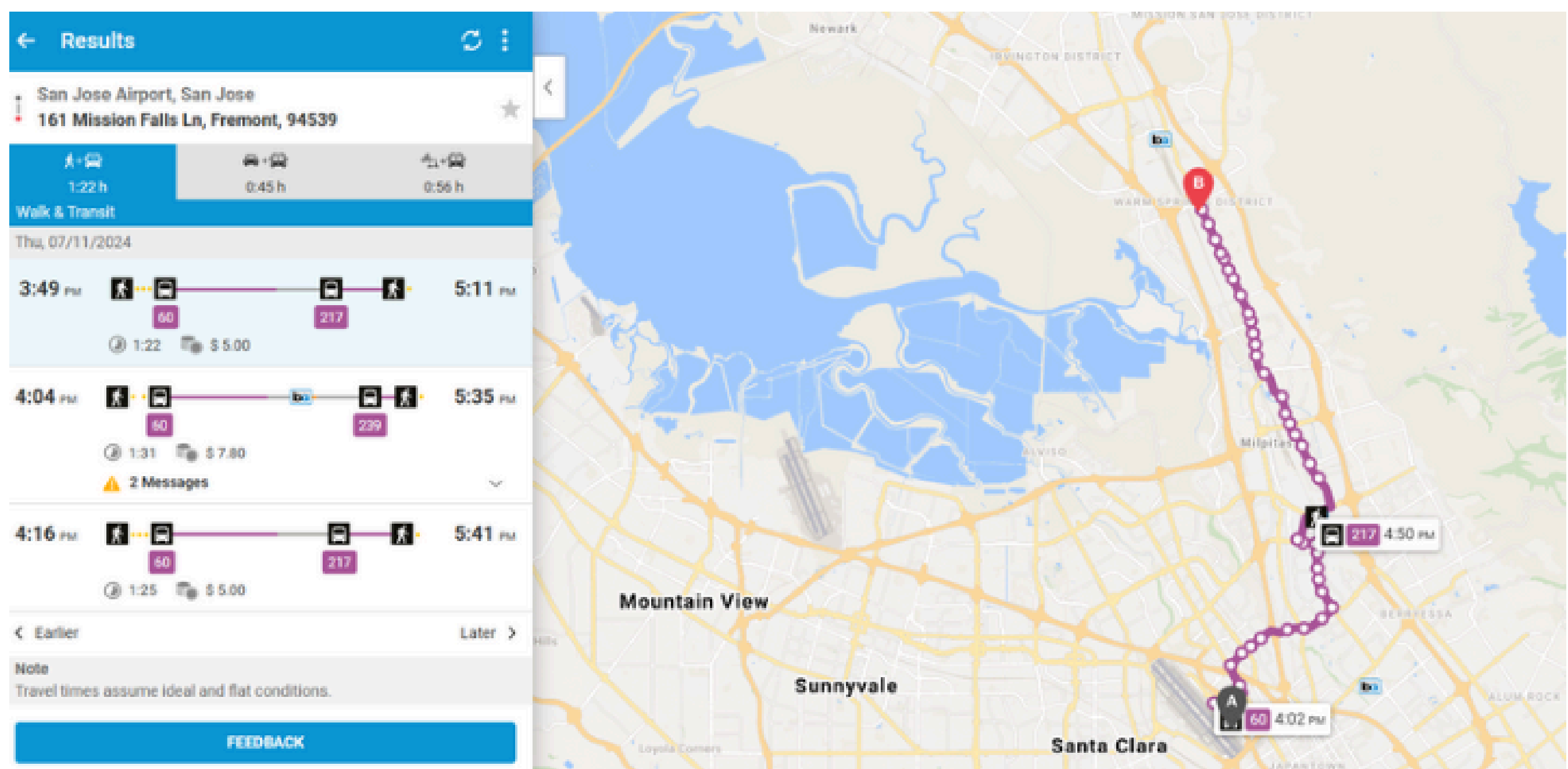
For students flying into OAK, the travel time from BART to the closest stop to campus is relatively quick. You will need to take an Uber or a public bus south to campus from your final stop, Warm Springs Bart, Fremont.

- **Time:** ~1 Hr
- **Cost:** \$15-\$25, depending on if you finish your trip by bus or Uber



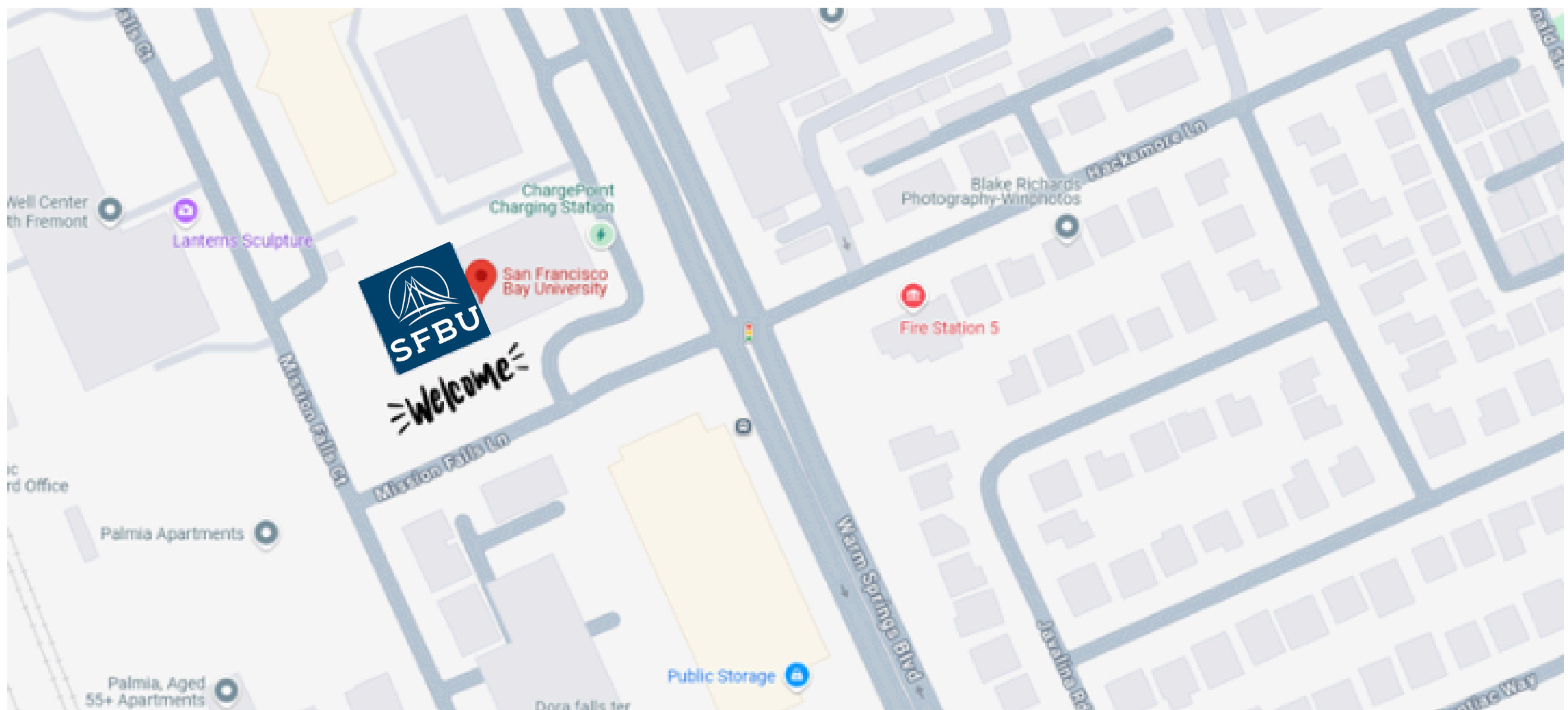
For students flying into SJC, the travel time to campus is quick. If you choose to take an Uber, it will take about 15 minutes. If you choose to take public transportation, it will take a little longer.

- Time: 15 minutes to an hour and a half
- Cost: \$5-\$40, depending on your mode of travel.
- Here is a link to your [BART trip planner](#). **Be sure you enter 161 Mission Falls Ln, Fremont, CA 94539, and NOT San Francisco Bay University in your destination.**



I have arrived... what now?

When you get to campus, enter our main building under the “Welcome” sign. Meet **Holly Nagase**, SFBU’s Front Desk Receptionist. She will let your Enrollment Counselor know you are here so you can get settled.



We are so excited to welcome you to campus and introduce you to our learning community! If you still have questions, please get in touch and let us know how we can help!

161 Mission Falls Ln, Fremont, CA 94539
(510) 803-7328
orientation@sfbu.edu

Your Everything Guide to...

HOTELS & INNS

<1 mile:

[Hilton Garden Inn](#) (0.8 miles) - from \$140 USD/night
45976 Warm Springs Blvd, Fremont, CA 94539

[Days Inn](#) (0.8 miles) - from \$78 USD/night
46101 Warm Springs Blvd, Fremont, CA 94539

[Hyatt Place Fremont/Silicon Valley](#) (0.9 miles) - from \$153 USD/night
3101 W Warren Ave, Fremont, CA 94538

1-2 miles:

[Motel 6](#) (1.0 miles) - from \$85 USD/night
46101 Research Ave, Fremont, CA 94539

[Courtyard Fremont Silicon Valley](#) (1.1 miles) - from \$139 USD/night
47000 Lakeview Blvd, Fremont, CA 94538

[Hampton Inn](#) (1.3 miles) - from (1.3 miles) - from \$115 USD/night
46500 Landing Pkwy, Fremont, CA 94538

[Fremont Marriott Silicon Valley](#) (1.8 miles) - from \$193 USD/night
46100 Landing Pkwy, Fremont, CA 94538

[La Quinta Inn & Suites by Wyndham](#) (1.8 miles) - from \$90 USD/night
46200 Landing Pkwy, Fremont, CA 94538

Your Everything Guide to...

COFFEE & RESTAURANTS

NEARBY COFFEE & RESTAURANTS

American

- Country Way
- Poke House
- Dog Haus
- Market Broiler

Asian

- Boiling Point Hotpot* (Chinese)
- Burma Bay Cafe* (Burmese)
- Karikku Cafe (Indian)
- Kazuma Sushi (Japanese)
- Mom's Tofu* (Korean)
- Pho Ha Noi (Vietnamese)
- Ramen Arashi (Japanese)
- R-HaaN Thai Restaurant* (Thai)

Bakery

- Forest & Flour*
- Paris Baguette*
- Pineapple King*
- Tous Les Jours*
- 85 Degrees Bakery*

Healthy

- Panera Bread*
- Healthy Tiffin*
- RAW Superfood Cafe*
- Vitalty Bowl*

Check out all the dining options at Pacific Commons Fremont [here](#).

***Vegan & Vegetarian Friendly**

Mediterranean

- Dish N Dash*
- Kabob Fusion*
- Mikonos Grill*
- The Kebab Shop*

Mexican

- El Rodeo
- La Piñata Restaurant
- Los Dos Gallos Taqueria 2
- Taqueria Las Vegas
- Spartan Tacos

Pizza

- Curry Pizza House*
- Round Table Pizza*
- Straw Hat Pizza*
- Blaze Pizza*
- Pieology Pizzeria*

Unique Coffee Shops

- Devout Coffee*
- Hops and Beans Cafe*
- Qamaria Yemeni Coffee Co.*
- Tamper Room Cafe & Gallery*

AND A CHERRY ON TOP... DESSERTS!

- Mandro Teahouse
- Cauldron Ice Cream
- Tong Sui Desserts & Drinks
- Meet Fresh
- ICICLES
- Bruster's Real Ice Cream

Check out all the dining options at Pacific Commons Fremont [here](#).

***Vegan & Vegetarian Friendly**

GROCERY STORES & PHARMACIES

<1 mile:

Safeway Grocery (0.3 miles) - American
Osaka Marketplace (0.3 miles) - Asian
CVS Pharmacy (0.5 miles) - American
99 Ranch (0.5 miles) - Asian
New Nilgiri Cash & Carry (0.5 miles) - Indian
Coconut Hill Indian Grocery (0.6 miles) - Indian

1-5 miles:

Lion Supermarket (2.2 miles) - Asian
Apni Mandi Farmers Market (2.8 miles) - International
Smart & Final Extra! (2.9 miles) - American
Walmart (3.7 miles) - American
Grocery Outlet (4 miles) - American

5+ miles:

Foodmaxx (5.1 miles) - American
Trader Joe's (5.2 miles) - American
Raley's (5.5 miles) - American
Whole Foods Market (5.8 miles) - American
Sprouts Farmers Market (8.8) - American

GROCERY DELIVERY OPTIONS

[Amazon Fresh](#)

[Weee!](#)

[Instacart](#)

[Yami](#)

[Safeway](#)

[Target](#)

Food Delivery:

[DoorDash](#)

[Uber Eats](#)

[Postmates](#)

[GrubHub](#)

[Hungry Panda](#)

Your Everything Guide to...

SCHOOL SUPPLIES & EQUIPMENT

If you have on-campus housing...

Each housing unit comes with:

- Kitchen table and chairs
- Microwave
- Trash cans
- Paper towel holder
- Cleaning supplies (mop, broom, dust pan)
- Couch
- Coffee table
- In-house washer and dryer unit
- Study desk with lamp
- Pedestal fan
- Twin bed with a mattress cover

Please note: for room decor, no tape or push pins allowed on walls.

Equipment and Housing Items to Consider Bringing/Purchasing:

- Bedding and pillow
- Shower/bathroom mat(s)
- Shower caddy
- Trash can bags
- Surge protector
- Laundry bag/basket and detergent
- Clothes hangers
- Towels (kitchen, shower, bathroom, etc.)
- Drying rack
- Plastic storage bags
- Silverware
- Dish soap and sponge
- Aluminum foil and plastic wrap
- Additional light (if desired)
- Room decor (if desired; no tape or push pins allowed on walls)

For more information on housing, visit [here](#).

Office Supply & Retail Furnishing Companies

The logo for Staples, featuring the word "STAPLES" in a bold, red, sans-serif font.

STAPLES

Great for affordable school supplies. There is a location in Fremont (5.4 miles) and Milpitas (3.8 miles).

The logo for Office Depot, featuring the words "Office" and "DEPOT" in a bold, red, sans-serif font, with "DEPOT" in all caps.

OFFICE DEPOT

Great for school supplies. There is a location in Mountain View (11.3 miles).



TARGET

Great for school supplies and affordable furniture and home decor. There is a location in the Pacific Commons complex in Fremont (2.5 miles) and Fremont Hub (5.2 miles).

The logo for T.J. Maxx, featuring the text "T.J. maxx" in a red, sans-serif font, with "maxx" in lowercase and a registered trademark symbol.

T.J. MAXX (Homegoods)

Aesthetic decor and furniture options that will improve your living space. There is a location in the Pacific Commons complex in Fremont (2.9 miles).

The logo for Walmart, featuring the word "Walmart" in a blue, sans-serif font, followed by a yellow six-pointed starburst symbol.

WALMART

Affordable furniture, home decor, and school supply options. There is a location in Fremont (2.0 miles).



ASHLEY FURNITURE

Great for general furniture and furnishing needs. Prices range. There is a location in the Pacific Commons complex in Fremont (2.9 miles).

The logo for Furniture City, featuring the words "FURNITURE" and "CITY" in a white, sans-serif font, with "FURNITURE" in all caps and "CITY" in all caps, separated by a vertical line, all on a dark grey background.

FURNITURE CITY

Great for a wide range of furniture and home decor options. There is a location in San José (12.9 miles).

The logo for World Market, featuring the words "WORLD MARKET" in a bold, red, sans-serif font.

WORLD MARKET

Great for niche furniture and accent pieces. Prices range. There is a location in San José (10.2 miles) and Mountain View (11.2 miles).

BANKS & ATMS



[PNC Bank](#) - **No Driver's License needed!** (5.2 miles)
ATMs available in nearby convenience stores
39350 Fremont Blvd,
Fremont, CA 94538



[BMO](#)* (0.6 miles)
46691 Mission Blvd,
Fremont, CA 94539



BANK OF AMERICA
[Bank of America* No Fee Student checking accounts](#) (0.4 miles)
46786 Mission Blvd, Fremont, CA
94539



[Chase](#)* (0.6 miles)
46645 Mission Blvd,
Fremont, CA 94539



[Citi](#)* (0.4 miles)
46801 Warm Springs Blvd,
Fremont, CA 94539



EAST WEST BANK
[East West Bank](#) (0.6 miles)
46615 Mission Blvd,
Fremont, CA 94539



[First Commercial Bank](#) (0.3 miles)
47000 Warm Springs Blvd,
Fremont, CA 94539



[Fremont Bank](#) (0.4 miles)
46635 Mission Blvd,
Fremont, CA 94539



[Wells Fargo](#)* (0.4 miles)
46801 Warm Springs Blvd,
Fremont, CA 94539

***ATM available**

DISCOUNTS



Microsoft (Software and Technology)

[Get free and 50% access offers to Office 365](#) on Word, Excel, Powerpointm etc. Get Microsoft 365 Personal for just \$2.99 per month, 1 TB of cloud storage, identity, and device protections, social media templates, and video editing software.



Doordash & DashPass

(Food and Item Delivery Services)

[Get a Student DashPass Plan at \\$4.99/month.](#)

DashPass is the monthly subscription plan for food, item delivery and more.



Best Buy (Technology/Appliances and More)

Comb through excellent [Best Buy Student Hub](#) products. Range of prices and options for laptops, tablets and more with [Price Match Guarantee](#).
Milpitas (5.2 miles).



Chegg (Book Rentals)

[Save up to 90% on textbooks.](#)

Rent or buy from our library of nearly 750,000 low-cost books and ebooks.



Lenovo (Technology)

Online deals up to [68% off for students from the Lenovo Education Store](#) and MyLenovo Rewards points on laptops, headphones, webcams, portable monitors, and more



Lyft (Transportation & Rideshare App)

Get [various discounts](#) for transportation and ride share options, including [scheduling ahead rides and locking in prices](#).



Apple (Technology)

Shop Apple's [Education Store](#) to purchase products that embrace the latest technological advances.



Student Beans

Explore various student discounts, including with a [Chrome Browser extension option across many categories and items](#).



IKEA (Furniture and More)

Shop for [affordable and versatile furniture and compact storage](#).
East Palo Alto (23.9 miles).



StudentUniverse

Receive discounted rates on [flights and travel](#).



UniDays

Save on [products across various categories](#), from fashion and beauty to food and technology.



ThredUp

Shop for a variety of clothes, including outfits for job interviews, across 55K brands. [All up to 90% off.](#)



Verizon

[Save up to \\$12/month](#) on an Unlimited mobile plan.



Walmart

Get [a Walmart+ membership](#) that gives you free delivery, gas savings, movies, and more.



Amazon Prime

Get [Amazon Prime](#) and its bundled deals.



Target Circle

Get [unlimited same-day delivery](#) at a discount with Target Circle.



at&t

AT&T

[Save up to \\$10/month](#) on an Unlimited mobile plan.

SHIPPING & RECEIVING SERVICES



The UPS Store (0.1 miles)
47000 Warm Springs Blvd, Fremont, CA 94539
Ideal for larger packages.



United States Postal Service (0.2 miles)
240 Francisco Ln, Fremont, CA 94539
Ideal for shipping smaller packages and mailing quickly and cost-effectively.



FedEx (0.3 miles)
194 Francisco Ln Suite 214, Fremont, CA 94539
Ideal for international air freight and time-sensitive shipping.

PROGRAMS & RESOURCES

Student Success Resources



Handshake is the #1 way students find jobs. Students can connect with employers, explore career options, apply for jobs, and get discovered. Additionally, all 1-1 career and academic advising appointments will be scheduled via Handshake. Lastly, students use Handshake to discover and RSVP for all campus events. When the school year begins, students can register with their SFBU email credentials.



The Under My Wing: Peer Mentorship Program pairs an incoming student 1-1 with a current student who has similar academic interests, professional pursuits, and/or life experiences. Mentors and mentees meet at least once a month to discuss career options, work-life balance, social success, and more. You are eligible to become a Mentee and will be paired with a Peer Mentor at the beginning of the academic year.



Get paid, professional experience with Micro-Internships. Students and recent graduates from all majors can execute short-term, paid, typically-remote, professional projects that allow you to build and demonstrate skills while exploring potential career paths. These Micro-Internships can take place at any time of year, and are used by companies across the United States, ranging from those in the Fortune 100 to emerging start-ups. Micro-Internships are facilitated via the Parker Dewey platform, which connects students and recent graduates with organizations in need of support.

[SFBU.EDU](https://www.sfbu.edu)



The Career Studio at the Student Success Hub offers walk-in support for all your career-related needs. Whether you need help with crafting a standout resume and cover letter, navigating CPT (Curricular Practical Training) opportunities, using Handshake to find jobs and internships, optimizing your LinkedIn profile, or practicing for interviews through mock sessions, our team is here to guide you. We provide expert advice on a range of career services to help you achieve your professional goals. Stop by for personalized assistance and take the next step in your career journey!



San Francisco Bay University has partnered with Virtual Internships to provide guaranteed, free placements to students on a first-come, first-served basis. You can complete the internship directly from your own laptop wherever and whenever suits you. Note: Check with the Career Center for current openings. International students are required to have completed a year of full-time study.



Alma Learning is an innovative AI-powered Teaching Assistant, custom-trained on course materials and grounded in SFBU's teaching principles, which are deeply rooted in the principles of Universal Design for Learning. Alma understands the context of each course, its connections to other offerings at SFBU and incorporates a macro-level understanding of student performance to provide precise support, actionable guidance, and targeted learning assistance.

Currently, Alma is available to support students in all Gen-Ed courses, deepening their engagement and understanding of foundational subjects. Alma is available to students inside Canvas.

[SFBU.EDU](https://www.sfbu.edu)

Wellness Resources



SFBU Counseling Services offers a safe, judgment-free, and confidential space to talk one-on-one with a mental health professional to address concerns that can interfere with academics, wellness, or personal or professional growth. SFBU Counseling Appointments are available Monday through Friday from 9:00am to 5:30pm and are held in the Student Success Hub. To schedule an appointment, email Beth Tsang or Dr. Kell Fujimoto at wellness@sfbu.edu.



TimelyCare provides free, 24/7 virtual healthcare 365 days per year. Access same-day mental health support, coaching, and overall health and wellness advice by signing up with your SFBU email. Students can schedule online medical and mental health services. All students get 12 free counseling sessions per year. Get started [HERE](#).



The Let'sTALK Program is a holistic approach to establishing an environment of trust, understanding and support to encourage open and safe conversations. Select students and staff were trained Fall 2026 to be able to tell when someone has a concern and to listen and talk with that person with empathy and gratitude in order to help them feel seen, heard, and valued. Staff are designated as mentors and students are designated as peers and can be identified by a pink bracelet or Let'sTALK pin.

Contact San Francisco Bay University's Wellness Services to learn about therapy options and general student wellness resources by emailing wellness@sfbu.edu or calling 510-803-7328 Ext. 185. Wellness also provides educational workshops and classes that focus on your overall well-being. For an up-to-date list of events, workshops, and classes available, please visit the [Health and Wellness page](#) on the website.

[SFBU.EDU](https://www.sfbu.edu)

FREQUENTLY ASKED Q&As

When is New Student Orientation?

Undergraduate students attend New Student Orientation from Monday, August 10 through Friday, August 14, which includes a special afternoon session. Graduate students attend on Friday, August 14.

When does the Fall 2026 semester begin?

The Fall 2026 semester and classes begin on Monday, August 17.

If I have on-campus housing, when is the earliest I can move in?

Move-in day for students* with on-campus housing is on Sunday, August 2 and on Sunday, August 9. Students can check their email and the [SFBU Residential Life page](#) on the website for more information.

*Startup Scholars have a separate move-in date.

Do students receive a public transportation card?

All full-time SFBU students are eligible for the AC Transit SFBU Easy Pass, the annual bus pass that allows students to go anywhere AC Transit goes - anytime! Passes are distributed to eligible students who have registered and signed the Pass Acceptance Form. Note: BART passes are purchased separately and can be acquired at a local station, the closest being the Warm Springs/Fremont BART.

For parents & family: How can I learn more about the academic programs and resources available for my student? You are welcome to review academic program details [here](#).

For parents & family: Who do I talk to if I have concerns about my student? Email [Student Affairs](#) for non-emergency concerns. If you believe your student is in imminent danger, please call 9-11. You can also join the official [Parents and Family Facebook group](#) to swap advice, ask questions, and/or build community.

When will I receive my Student ID Card?

During New Student Orientation, you will have your photo taken. Your Student ID will be ready for pick-up during the second week of class.

Is there an Add/Drop period for classes?

You can add or drop classes from Monday, August 17th until Saturday, August 22nd.

Where do I go for technology access questions?

Contact the [IT team](#) for assistance with Wi-Fi, setup questions, device access, and various requests.

How do I get involved in the SFBU Community?

Check out our Student Life page [here](#) to explore various opportunities.

How does SFBU maximize campus safety?

A security guard is on-site before standard business hours and remains throughout the evening classes. All SFBU members have identification badges, which will help us distinguish SFBU community members from guests. An information desk is available near the main entrance and is the primary point of contact for all visitors entering the building.

Where do I access the academic calendar?

Stay updated on important dates and holidays by viewing our academic calendar [here](#).

Where can I purchase SFBU merchandise?

SFBU merchandise can be purchased [here](#).

Key Personnel at the Student Success Hub

I'm feeling overwhelmed and need someone to talk to. Where can I find support?

You have a few great options! You can email [Dr. Kell Fujimoto or Beth Tsang](#) for general wellness support. If you're an undergraduate looking for academic counseling, [Rebecca Fregoso \(Jimenez\)](#), our Undergraduate Student Success/Cohort Counselor, is here to help, especially for Startup Scholars. For graduate students, [Ermelindo Salgado Hernandez](#) is your go-to Graduate Student Success Counselor. They're all ready to listen and support you!

I'm struggling with Math / English in particular. Is there someone I can see?

Yes! [Evelyn Binoya](#) is our Student Academic Success Specialist for Mathematics and Quantitative Reasoning, and [Leslie Ji](#) is our Student Support Academic Specialist for English. They both offer tutoring hours, study sessions, and workshops to help you excel in these subjects.

I need information about student activities, clubs, or organizations.

Where do I go?

You can email [Michael Leinhos](#) for student life and activities. He can help you learn about all the clubs and activities on campus and get you involved!

I'm looking for internships, training, or job opportunities. Who can assist me?

You can talk to [Kenrick Ali](#). As the Interim Director of Career Services, he's there to help you find internships and job opportunities and can guide you through the process. Kenrick offers guidance on resumes, cover letters, and even conducts mock interviews! He can also assist you with arranging CPT (Curricular Practical Training) and OPT (Optional Practical Training).

I need assistance with disability or access services. Who can I speak to?

You can talk to [Margaux John](#), our Coordinator for Disability and Accessibility Services. She can help address your needs and provide the support you're looking for!

I'm having issues with my housing. Who should I contact?

You should reach out to [Jason Sjah](#), Associate Director of Auxiliaries. He can help you with any housing concerns or questions you may have.

What if I'm still not sure who to see?

If you're uncertain, feel free to ask at the Front Desk. Our Front Desk staff are always available to direct you to the right place!

Key Personnel in the Main Administrative Building

I'm unsure who to talk to about adding or dropping classes and course selection. Who should I see?

For anything related to registration, you should reach out to [Judy Weng](#), our Registrar. She handles course selection and scheduling, keeps track of student academic records and transcripts, and manages graduation applications. She is also the primary contact for verifying degree requirements, conducting degree audits, and issuing diplomas. To schedule a meeting with Judy, visit the Front Desk, where our Front Desk Receptionist, Holly Nagase, can set up a time for you.

I'm looking for information on visas and immigration issues. Who should I see?

You should connect with [Jessie Dhamrait](#), our International Student Advisor/Designated School Official. She's here to help students with visa applications and immigration status, as well as advising students on academic and immigration-related issues. To schedule a meeting with Jessie, visit the Front Desk, where our Front Desk Receptionist, Holly Nagase, can set up a time for you.

Who should I talk to about financial aid and scholarships?

Please email financialaid@sfbu.edu. We have staff to advise students and families on scholarships and financial aid options to help you navigate funding your education.

I have credits that I'd like to transfer from a previous institution. Who should I see?

[Keith Sheppard](#), our Enrollment Counselor, can get you started with this. Then Judy Weng, our Registrar, will take over the process!

Who can I talk to about paying tuition, fees, housing, or health insurance?

All payments can be submitted on the student portal. [Edie Millet](#), our Bursar, is your go-to person for any billing questions and financial concerns you might have. She oversees the in-person billing process for tuition, fees, housing, and health insurance, and also manages payments from students and families. To schedule a meeting with Edie, visit the Front Desk, where our Front Desk Receptionist, Holly Nagase, can set up a time for you.

What about if I'm having trouble with the health insurance provided by SFBU?

There are no representatives from our University's Group Insurance plan available at SFBU, so you'll have to call their helpline or consult the documents that were sent to you. The helpline phone number is on the back of your insurance card. Contact health-insurance@sfbu.edu for more information.

Why do I have to have health insurance while attending San Francisco Bay University?

Your overall wellness is a priority at San Francisco Bay University! We want to make sure that students are protected from any unforeseen medical situations. Medical expenses in the United States can place an incredible amount of financial stress on individuals and their families with little or no medical insurance coverage. Additionally, we want all students to have the opportunity to receive and engage in preventative care to ensure that our campus community remains healthy. A student's success is dependent on their overall wellness.

What are my options in obtaining health insurance while attending SFBU?

San Francisco Bay University is committed to providing a health insurance plan to our international and domestic students that is affordable while meeting the University's requirements in coverage that best protects our students. Students will have an option to select individual plans that are comparable in coverage for either international or domestic students. Students will need to submit a request for a waiver from the group insurance plan. Students who are dependents on a parent's or spouse's employer plan or on Medi-Cal may request a waiver from the group insurance plan. Waivers from the group insurance plan must be submitted by the deadline specified. For more information, please visit the [Student Health Insurance](#) webpage.

Schedule Your Appointment in Advance!

To avoid long queues, schedule an appointment in advance with a member of our dedicated staff team. There will also be time allotted during New Student Orientation to meet and ask them general questions.

Scan to Schedule!



Judy Weng

*Course registration
and Add/Drop classes*

Edie Millet

*Tuition, Fees, Health
Insurance, Housing Payment*

Jessie Dhamrait

Visas and Immigration Inquiries

CONTACT US

Career Services

(510) 803-7428 ext. 4
career-services@sfbu.edu

Academic Advising

[Undergraduate Advising](#)
[Graduate Advising](#)

Finance Office

(510) 803-7328 ext. 3
studentaccounts@sfbu.edu

Housing

(510) 803-7329 ext. 7
housing@sfbu.edu

Records Office

(510) 803-7328 ext. 2
records@sfbu.edu

International Student Services

(510) 803-7328 ext. 6
iss@sfbu.edu

Health & Wellness

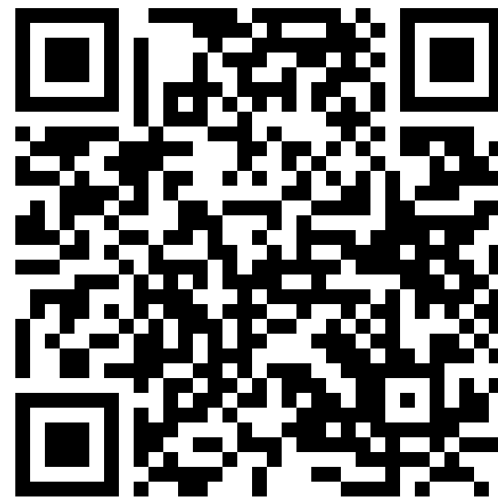
wellness@sfbu.edu

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Stay updated on campus events, news, and resources.



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Student WhatsApp Channel
Receive important updates and news.



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STUDENT FACEBOOK GROUP**

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Parent and Family Resources

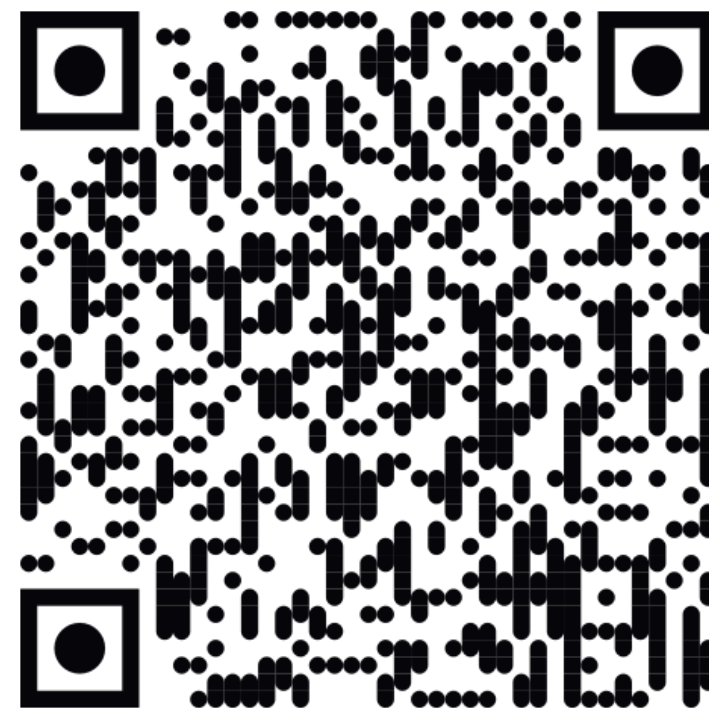


Parent and Family
Facebook Group

Student Resources



2026-2027
Student Handbook



Course Catalog

SFBU.EDU



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